

Our commitment to you.....

Our “Food For Life Served Here” menu means we serve *Fresh, local, honest food*.

Our food is free from *undesirable trans fats, sweeteners and additives*

Our food is freshly prepared on site by professional staff who care about quality and ingredients

We support local wherever possible...our meat comes from *Quality Cuts of Sandbach, Littler’s of Sandiway, Barrows of Bollington and Lower Hurst Farm in Derbyshire.*

We use *free range eggs, organic yogurt, organic Mornflake oats and MSC fish.*

We are taking steps to *reduce sugar in our recipes*

We are taking steps to *reduce single use plastic*

We can and will cater for all *special dietary requirements*



CATERING WITH THE RIGHT INGREDIENTS

Fresh Catering



Autumn 2020

At: **Bosley St Mary’s Primary**

September 2020

M	Tu	W	T	Fri	Sa	Su
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

October 2020

M	Tu	W	T	Fri	Sa	Su
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

November 2020

M	Tu	W	T	Fri	Sa	Su
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

December 2020

M	Tu	W	T	Fri	Sa	Su
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			



Autumn Menu 2020

Week 1

Week 2

MONDAY

Organic Beef Burger
Topped with Melted
Cheese & BBQ Sauce

Tuna & Sweetcorn
Quesadillas
Veg Sticks

Coconut Oatie &
Fruit Chunk or
Organic Yogurt

MONDAY

Tomato Pasta (v)

Harry Ramsden's
Fish Fillet with Saute
Potatoes & Ketchup

Organic Yogurt

TUESDAY

Chicken Curry
Rice & Cous Cous

Jacket Potato with
a Choice of Fillings (v)

Ice Cream Roll with
Fruit Chunk

TUESDAY

Gammon &
Pineapple
Herby Potatoes

Cheesy Pasta
(v)

Tropical Fruit
Traybake

WEDNESDAY

Roast Turkey, Stuffing
& Gravy, Roast
Potatoes

Pasta Italiane (v)

Summer Shortbread
with Fruit Chunk

WEDNESDAY

Tasty Baked
Chicken Fillet
Creamed Potato

Vegetarian Sausage
Roll with Creamed
Potatoes (v)

Flapjack with Fruit
Chunk

THURSDAY

Pork Pasta Bolognese
Garlic Bread

Chicago Town Pizza
with Potato Wedges
(v)

Banana & Chocolate
Cup (Choc Mousse
with Fresh Banana)

THURSDAY

Beef Lasagne with
Garlic Bread

Jacket Potato with
Cheesy Beans (v)
or Tuna Melt

Frozen Yogurt Ice
Cream

FRIDAY

Fish Fingers & Chips

Popcorn Chicken/
Quorn & Rice in a Soft
Tortilla Boat

Ginger Oatie Cookie
or Organic Yogurt

FRIDAY

Butchers/Quorn
Sausage
All Day Breakfast

Tuna Melt Sub
Veg Sticks

Dinky Doughnut
with Fruit Coulis or
Organic Yogurt

